

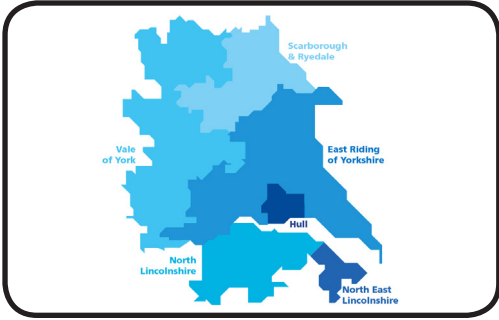
# Humber, Coast and Vale Health and Care Partnership

## Partnership Long Term Plan 2019-2024



This easy read report tells you about Humber, Coast and Vale's plan to make sure that people across our areas have better health and good services that work well.





The Humber, Coast and Vale Health and Care Partnership is a group of health and care organisations that are working together to help people to be healthier. This group wants to make sure that people across our areas have good services that work well.



The Partnership was set up in 2016. It is made up of organisations from the NHS, Local Councils, health and care organisations and voluntary and community groups.



The Partnership is looking at making people's health better across 6 areas:

1. Scarborough and Ryedale
2. Vale of York
3. Hull
4. East Riding of Yorkshire
5. North Lincolnshire
6. North East Lincolnshire



The Partnership is looking at how health and care services can work together across these areas so that they work better for local people. This easy read document tells you about the work the Partnership wants to do.

## About the people who live in our areas:



- 1.4 million people live across the Humber, Coast and Vale area.



- We know that some people living in our area have worse health than other people; this is called 'health inequalities'.



- About 350,000 people who live in Humber, Coast and Vale live in areas where there is not much money.



- Some people that live in our areas have less money to live off.



- People in areas with less money do not live as long as those in areas with more money. Women die about 12.4 years before they should do and men die about 15.4 years before they should.



- A lot of people who live in our area are over 65.



- 1 in 4 people in Hull smoke. We also have a lot of new mothers that smoke.

## What does our Partnership want to do?

Our Partnership wants everyone across Humber, Coast and Vale to:

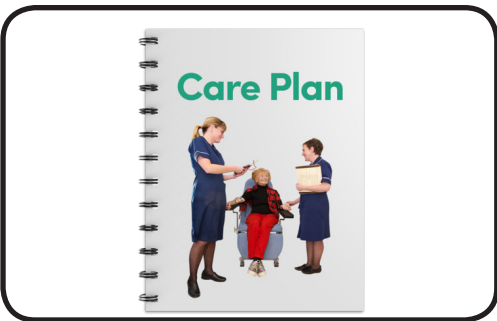


- Have the best start in life, live well and grow older well.

## We want to:



- Make sure that every child has the best start in life.



- Make sure that everyone can access the right care and support when their health changes.



- Support people to be independent and in control as they get older.



- Make sure that people can talk about what they want to happen when they die.



## How we will do this?



Lots of people think that we need to change the way we work so that people can live healthy and happy lives.



To be able to do this we will need to make big changes. Some of the changes will take a long time to do.



Some of the changes will only happen if we work together.



The NHS and the local councils across Humber, Coast and Vale will join up to make services better.



We know that by working together we can make bigger changes that happen faster.

## Priority 1 - Helping People to look after themselves and stay well.



We have talked to local people and they have told us that not everyone finds it easy to get the health or care they need.



This means that some people do not get the right help, or they get it too late.



We want to make sure our health and care services are easier to access for everyone.

**How we will do this?** This will be different in different areas. We will:



- Make sure that people can get support to stay healthy. If this cannot happen we will help people to take steps to slow or stop their illness. For example we will support people to stop smoking.



- Help local people to cope with change better in the future. For example we will support children and young people with their emotions.



- Make sure that people can live longer lives. This means looking at housing, pollution and people with low incomes.



- Support people to design their own care and support so it is person centred.

## Priority 2 – Making sure services are joined up across health and care.



By working together we can change services, so they are more joined up. By joining up services people will get a better service that meets their needs.



We want to make sure that even if lots of organisations or professionals are involved, people can get the care and support they need when they need it.

**How we will do this?** We will make sure that:



- Every local area has a team of health and care professionals who can support them.

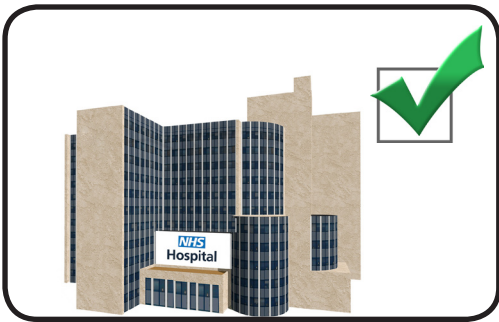




- Services are joined up outside of hospital so that people can get person centred care.



- People can access care, advice and support in an emergency.



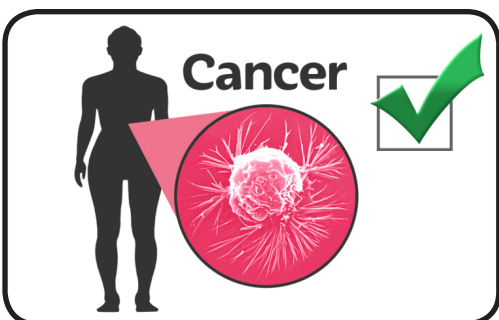
- We have good hospital services that offer people good quality of care.

### **Priority 3 – Making sure we have the right care in certain areas.**



Over the next 5 years we will work together to make sure that people across Humber, Cost and Vale can get the right care when they need it.

**How we will do this?** We will make sure that:



- People who are diagnosed with cancer have the best chance of getting better, and that people who are affected by cancer have good support.



- If people need tests at the hospital, they can access this quickly.



- Maternity services for pregnant women are safer and more person centred.



- People can get help quickly when they have problems with their mental health.

#### **Priority 4 – Making sure we are using our resources well.**



We want to make sure that people that live in Humber, Coast and Vale have access to good care that meets their needs.



To be able to do this well we need to work with the local community and voluntary sector to support people's health and wellbeing. We also need to make sure that people are accessing the right technology.

**How we will do this?** We will make sure that:



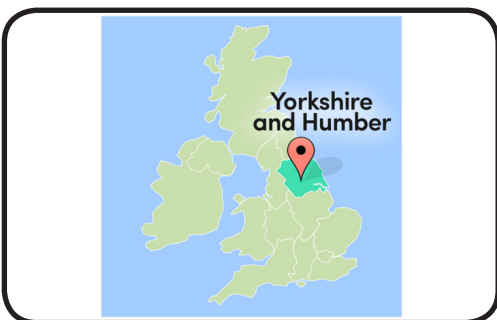
- We have the doctors, nurses and other people we need to work in our services and make them the best they can be. For example we will now train more doctors per year.



- People can use different technology to share information and to join up care. This will help people manage their health and care better. For example we are making sure that everyone in our areas can see their own health record.



- We use all of our buildings and equipment well. For example we have got £88.5 million pounds to build better facilities at of our hospitals.



- We use our money well by planning and working together to spend our money on the right things for the people in our areas.

## You said, we did



We have been listening to local people who use our services and live in our communities to find out what matters the most to them. We have been using people's ideas to make our services better.

Here are some examples:



- **You told us** that getting an appointment at the doctors can be really hard. **So we** made sure doctors were open longer and made sure people could book online appointments.



- **You told us** that transport can be really difficult if you live in the countryside. **So we** made sure people could talk to a doctor over the phone or through the internet.



- **You told us** that you would like to be involved in decisions about your own care. **So we** have set up groups like the Maternity Voices Partnerships to help pregnant women tell us what they think.



## What happens next ?

We believe that we are stronger together and we can only make a real difference to people who live in Humber, Coast and Vale if everyone of us works together.



This is a plan for changes for the next 5 years (and beyond). We will talk to lots of people about the changes we are making.

If you want to get involved in our work or find out more visit:



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