

Developing health and social care in Humber and North Yorkshire

Friday 1 April 2022 marked a significant milestone in the way health and care services in our region are commissioned. Since then, the Humber and North Yorkshire Integrated Care Board has been operating in shadow form ahead of becoming a statutory body on 1 July 2022.

What's Changing?

Firstly, people will see that the Integrated Care System has changed its name from Humber Coast and Vale, to Humber and North Yorkshire.

The new name better reflects the geography of the region, and the redesign was timely, rethinking the ICS's identity in line with the statutory changes that will soon take place.

The new identity will help patients and their families, along with stakeholders such as elected representatives, the voluntary and charity sector and others recognise the work of the partnership.

Sue Symington, our Chair, described the changes, saying they were: "An opportunity to refresh our identity to reflect the new name and to underline the purpose of the partnership.



"Our team has created a brand mark that represents our partnership, working together, to create a healthier, happier communities."

Take time to explore the new website and join the conversation on [Twitter](#) and [Facebook](#). On our website, you'll find answers some of the most [frequently asked questions](#).

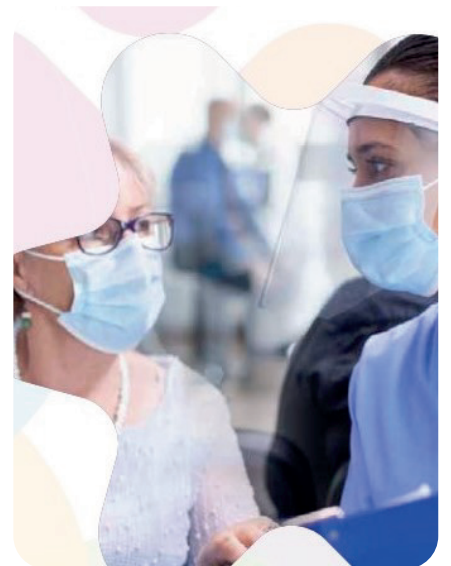
Our latest Annual Report has been published and is available to read online

The 2021-22 Annual Report sets out some of the key successes and achievements from the Partnership and our programmes during the past year, as well as some priorities for this year, including:

- Humber and North Yorkshire Cancer Alliance
- Elective (planned) Care

- Mental Health, Learning Disabilities and Autism Collaborative programme
- Population Health Management: Tobacco Dependency Treatment Programme
- LEAP programme

You can read the full Annual Report [here](#).



New Keyworker Service launched



A new Keyworker Service is now available for children and young people with a learning disability, autism or both with complex needs who are at risk of being admitted to a mental health inpatient unit or are already an inpatient.

It has been developed to ensure that children, young people, and families get the right support at the right time, and that local systems are responsive to meeting their needs in a holistic and joined up way.

Michele Moran (CEO, Humber Teaching NHS Foundation Trust; Senior Responsible Officer, Humber and North Yorkshire Health and Care Partnership Mental Health, Learning Disabilities and Autism Collaborative Programme) said:

“Many children and young people with a learning disability, autism or both, can struggle to get the help they need from services. Processes can be complex and not joined-up or adaptable.

The new Keyworker service will help families navigate the complexities of this system and improve outcomes for children, young people, and families.”

The funding to support the development of this new service has been made possible following the successful bid to NHS England and Improvement in 2021 from Humber and North Yorkshire Health and Care Partnership (Integrated Care System) to become an early implementer site. children, young people, and families.”

This is in response to the NHS England long term plan commitment that by 2023/24 children and young people with a learning disability, autism, or both, with the most complex needs will have a designated keyworker.

This new service has been developed following extensive partnership working with stakeholders, children, and young people and their families and carers across the Humber and North Yorkshire footprint and is available to all children and young people living in this area.

Partnership staff shape wellbeing support through wide-reaching survey

In February our workforce helped to shape its own wellbeing support at a large scale.

Over 1,800 people from primary care, community services, mental health, the voluntary sector, hospices, care homes, NHS Trusts, the ambulance service, clinical commissioning groups and other organisations took part in a survey about how they were feeling and what health and wellbeing support should be available for the workforce.

People were positive about the wellbeing support available for staff, and half said they felt well supported with their physical and mental wellbeing at work.

Most said they knew about some of the health and wellbeing support available (85%). Half thought that there was sufficient wellbeing support available (55%).

We heard that people continue to feel tired and run down. 61% had felt unwell due to work stress during the last year. Half said they felt burnt out or emotionally exhausted due to work. One third rated their current overall wellbeing at 5 out of 10 or less.

The most common support that people wanted were activities to support stress reduction, relaxation, and physical health.

The main obstacles to accessing wellbeing support were a perceived lack of time and not being aware of what's available.

We're continuing to work hard working with our partner organisations to build strong communication channels and build awareness of all the work organisation do to support the Health and Wellbeing for our workforce.

We will use what people have told us through the survey to improve and extend the health and wellbeing offer and we will listen to the insights you have given to shape the support available now and in the future.

Information on health and wellbeing support available to our workforce can be found [here](#) or via the [Humber and North Yorkshire Resilience Hub](#).

Transforming Care – Implementing Community Diagnostic Services

For the last 12 months, partner organisations have been planning the future development of community diagnostic services, in line with national recommendations.

One of the main aims of this programme nationally and locally is to relocate high volume, planned diagnostic services away from hospitals. This is to provide increased capacity and improved accessibility, and relieve pressure on hospitals.

Community Diagnostic Centres make it easier for people to receive diagnostic testing and results quickly and conveniently. Centres can be located anywhere, such as within shopping centres, town centre locations or other areas with good transport links. They will support post-COVID recovery across the NHS by creating additional capacity. By providing these services away from busy hospital sites, planned and urgent diagnostic services will be able to be provided more quickly and efficiently, improving the experience for patients.

Within the Humber and North Yorkshire, capital funding of £36m has been allocated initially to support the development of community diagnostic services in the area over the next 3 years.



Plans are being developed for the establishment of six centres across the region.

Community Diagnostic Centres and wider community diagnostic services across England are an important part of the future vision for the NHS and will help to deliver our ambition of delivering more care outside of hospital settings.

Cancer Alliance funds research to evaluate if blood test can detect cancer

Humber and North Yorkshire Cancer Alliance is helping to fund a new research study that will evaluate the diagnostic accuracy of a new PinPoint blood test.

The test, which aims to support rapid diagnosis by predicting a patient's chance of having cancer, will be evaluated at York and Scarborough Teaching Hospitals NHS Foundation Trust (YSHFT) to determine whether it could be used as a decision support tool for GPs in the future.

If successful, the PinPoint Test could help to reduce pressure on NHS services by providing GPs across Humber and North Yorkshire with the information needed to facilitate more effective triaging and ensure those at greatest risk of cancer can be prioritised for access to further diagnostic tests.

The first stage of this study will be to evaluate the test's accuracy in patients being considered for referral into the **serious non-specific (vague) symptoms pathway**. During this phase, the results will not be fed back to the clinical team but will be used to assess the effectiveness of the test.

Dr James Turvill, Consultant Gastroenterologist at York and Scarborough Teaching Hospitals NHS Foundation Trust, said: "The results of this study will be used to determine the predictive accuracy of the PinPoint Test.

If the results are positive, further evaluation will follow to see how the test could support clinical decision making to streamline diagnostic capacity and reduce waiting times, therefore improving the patient experience by alleviating anxiety and increasing the early detection of cancer."



A research study of the PinPoint Test is also being currently undertaken by **West Yorkshire and Harrogate Cancer Alliance**, which is evaluating its use as a decision support tool alongside urgent two week wait referrals.

Simon Cox, Managing Director, Humber and North Yorkshire Cancer Alliance, said: "The Alliance is pleased to be funding this research and supporting further evaluation of the PinPoint Test within the NHS. "The results of this study will be shared across the Alliance and if the outcome of this research is positive, we will work as a system to develop and deliver plans that drive forwards the use of the PinPoint Test across Humber and North Yorkshire." Find out more about the PinPoint Test **here**.

Durham University report considers the contribution of the VCSE sector to health and wellbeing across our region.

The VCSE sector across Humber and North Yorkshire is diverse, made up of many organisations and people, and is crucial to supporting people with their health and wellbeing.

The Humber and North Yorkshire Health and Care Partnership and the VCSE Leadership Group commissioned this report to better understand the sector and how we're served by it.

Professor Tony Chapman, from Durham University has worked with the VCSE Leadership Group over the last year, initially looking at the size and scale of the sector. Following this, Tony was asked to go further and look at how it's split across our unique geography, which has a mix of urban and rural areas and a large section of coastal communities.



The report's findings begin to plot the VCSE sector alongside the differences we see across Humber and North Yorkshire in terms of deprivation, health inequalities and geography.

The report provides a tool for strategists to think about how the VCSE sector can play its role in supporting the health and wellbeing of all our residents. The [full report](#) and a shorter [summary report](#) are available to download.

Hundreds of people set for mental and physical health boost thanks to Green Social Prescribing Funding



Twenty community projects offering nature and outdoor-based activities to support mental and physical wellbeing are benefiting from almost £150,000 of Green Social Prescribing Programme funding to develop new projects.

The Green Social Prescribing Programme, which launched in 2021, is funded through the Department for Environment, Food and Rural Affairs, NHS England and NHS Improvement, and other partner organisations. Its remit is to help ensure creative, physical, gardening and nature-based projects can reach more people and help promote positive mental health.

Green Social Prescribing engages people in outdoor activities to improve their wellbeing and aims to reduce pressure on the NHS. Examples include local walking groups and community gardening projects to outdoor gyms and tree planting initiatives.

One of the 20 shortlisted community groups to benefit from the grants is Rooted in Hull, an urban farm in Hull city centre, which received £10,000.

Founded in 2014, the farm helps people of all ages to learn about growing and eating good, local food while making new friends and growing in confidence. Adrian Fisher, the farm's co-founder, said: "Green Social Prescribing is very close to our hearts, and we're delighted to receive this funding.

"While we're mainly volunteer-led, this money will help us pay for a sessional worker who can coordinate groups on site. This could be anything from constructing raised beds and planting to maintenance of the plants or environmental work."

Anthony Hurd, Green Social Prescribing Programme Manager at HEY Smile Foundation, which is delivering the programme on behalf of Humber and North Yorkshire Health and Care Partnership, said: "There is strong evidence that getting outside and into nature has positive benefits for our mental and physical wellbeing.

"With this funding we'll see more activities occurring locally for communities to take part in, engaging them with outdoor environments, benefitting their mental and physical wellbeing, helping to reduce pressure on NHS services and playing their part in a more holistic healthcare offer."

Our region one of seven 'test and learn' sites across the UK trialling the Green Social Prescribing Programme.

Digital transformation funding supports improvements in maternity care



The digitisation of maternity services across England has taken a positive step forward with the announcement of 128 successful bids to the Digital Maternity Fund.

Humber and North Yorkshire Local Maternity System was one of the NHS organisations to make a successful bid and has been awarded £1.54 million to improve digital maternity services.

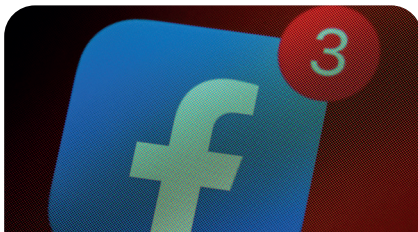
The funding will help to deliver an enhanced experience for maternity service users and staff. Digital tools are one of the ways the NHS can improve safety and reporting and share information with pregnant women and their families so they can feel more supported throughout their pregnancy and maternity journey.

This funding will be used to purchase a new Maternity IT System for three local Trusts – Hull University Teaching Hospitals NHS Trust, Northern Lincolnshire and Goole NHS Foundation Trust, and York and Scarborough NHS Foundation Trust.

The new system will mean birthing centres at the trusts will all be able to use the latest digital systems to ensure the safest and highest quality care for all women and birthing staff.

It will enable staff to work more easily across the system, provide information on birth trends and enable data to be shared appropriately with other health and care professionals, such as GPs and Health Visitors. Also, the system includes an app that will enable service users to have digital access to their notes, information about tests and appointments and link them through to local and national advice when they need it.

Becky Case, Programme Lead said: “We are hugely excited at this opportunity to have a single Maternity IT system supporting care across hospitals and in our communities. We are confident this will support our staff and all those giving birth in the area now and enable us to continue to innovate and improve in the future too.”



Keep up to date with our latest news

Keep up to date with the latest developments across the Humber and North Yorkshire Health and Care Partnership.

Our [website](#) features our latest news and information, and we publish a new [blog](#) every week looking at specific areas of work. You can also follow us on [Twitter](#) and [Facebook](#).

Tackling health inequalities: former Minister for Women and Equalities Justine Greening and Professor Stephen Eames CBE in discussion

Stephen Eames and Justine Greening met via the [Fit for Purpose](#) website to create a podcast discussing the role of the ICS, the challenges of serving a large and diverse area, and how the healthcare system is extending opportunities to those who need it most.



You can listen to their conversation [here](#).