

## The Humber and North Yorkshire Integrated Care Board (ICB) was formally established on 1 July 2022 when it held its first official meeting of the board

The ICB is a key part of the Humber and North Yorkshire Health and Care Partnership, replacing Clinical Commissioning Groups (CCGs) as the statutory organisation with responsibility for NHS functions and budgets.

The Health and Care Partnership is one of 42 Integrated Care Systems (ICSs) across England, comprising of NHS organisations, local councils, health and care providers, and voluntary, community and social enterprise (VCSE) organisations.

The establishment of ICBs is part of plans set out in the Health and Care Act 2022 to place ICSs on a statutory footing, empowering them to better join up health and care services, improve population health, and reduce health inequalities.

Details and papers regarding this meeting are available [here](#). Information regarding members of the board, is [here](#).

Please click [here](#) for a summary of the changes to Integrated Care Systems from 1 July 2022.



## Trees planted in gesture of new growth and future hope as Humber and North Yorkshire Integrated Care Board becomes a statutory body.

To mark the formation of the Humber and North Yorkshire Integrated Care Board, six trees have been planted, one for each of the six places that form our partnership: East Riding, Hull, North East Lincolnshire, North Lincolnshire, North Yorkshire and York. The six native broadleaf trees are in Whashton Wood near Richmond.

The trees were planted on the Integrated Care Board's behalf by [Yorkshire Dales Millennium Trust](#), a small charity that works to conserve and restore habitats, and the wildlife that they support.

Some 4,000 trees will eventually be planted in Whashton Wood including Sessile Oak, Alder, Bird Cherry, Rowan, Scots Pine, Hornbeam and Aspen.

The planting of the trees marks a fundamental shift in how commissioning takes place across the NHS, and the legal formation of the Humber and North Yorkshire Integrated Care Board. Additionally, the act aligns with our dedication and determination to offset our carbon footprint wherever possible.



## Humber and North Yorkshire Health and Care Partnership becomes the first ICS to receive Independent Menopause Friendly Accreditation.

Ours is the first integrated care system to receive Menopause Friendly Accreditation. Working with partner organisations, the ICS has developed a programme to raise awareness of the menopause, its symptoms, and ways of managing them, and implications on long term health, as well as support to have GP and workplace conversations.

Line managers are now armed with the information and tools needed to have supportive conversations and around 50 menopause advocates across the partnership have undergone specific menopause training that they can share with others.

Anne Bell, Menopause Friendly Independent Panel member, said: "We're delighted to see Humber and North Yorkshire Health and Care Partnership achieve Independent Menopause Friendly Accreditation - it's so well deserved.

They've demonstrated consistent and thorough awareness, education and training initiatives reaching all parts of their organisation, brilliantly led by a team of passionate people, creating a culture where menopause is easy to talk about and making support available. Well, done to everyone involved."

### Asthma pilot for children and young people to take place in our region





Our Children and Young People Transformation Programme has been selected by NHS England and Improvement to pilot a service to improve asthma care and support for our children and young people within our region.

Karen McNicholas, Programme Manager, said: "The funding is for a two-year pilot to appoint two clinical posts: a specialist and highly specialist practitioner in children's asthma management to work across our integrated care system targeting areas of improvement as set out within the national bundle of standards for childhood asthma.

"It will also enable us to support our primary care colleagues in asthma diagnosis, care and follow up alongside developing our partnership working with local communities, such as embedding the asthma friendly schools initiative and promoting cleaner air, on both domestic and environmental fronts, a significant factor in determining asthma outcomes."

Improving asthma care for our children and young people will support their chances of starting well in life regardless of where they live or their circumstances.

## STROKE:

### Patient and carer representative group

#### Help shape stroke services in Humber and North Yorkshire

The Integrated Stroke Delivery Network in Humber and North Yorkshire, in collaboration with the Stroke Association, wants to recruit patient and carer representatives who have had a stroke - or experience of caring for someone who's had a stroke - to form a Patient and Carer Representative Group.

- ✓ Are you interested in being part of our Humber and North Yorkshire Stroke Network?
- ✓ Are you a stroke survivor or are caring for someone who has had a stroke?
- ✓ Would you like to join us in helping inform decisions and review our plans together?
- ✓ Meet six times a year (online) Participate in group discussions
- ✓ Engage with other people affected by stroke
- ✓ Scrutinise plans and help inform decisions
- ✓ Reimbursement for out-of-pocket expenses

For details of how to get involved, please email: [hnyicb-ery.stroketeam@nhs.net](mailto:hnyicb-ery.stroketeam@nhs.net)

## We asked women and birthing people across Humber, North Yorkshire and Lincolnshire what was important to them when choosing where to give birth.

Across Humber and North Yorkshire, the NHS and local partners are looking at ways to improve healthcare in our region. Last year, as we started to consider how maternity and neonatal care could be delivered in the future, we launched a survey to hear from new and expectant mothers, women trying to conceive, surrogates, other birthing people, and their families about what matters to them when accessing maternity services.

Working collaboratively with Maternity Voice Partnerships (MVPs) across the region an engagement exercise called Your Birthing Choices was co-produced to help us better understand what environment people would prefer to give birth in, what influences their decisions on where to give birth, what their main concerns are and what could be put in place to alleviate those concerns.

1,136 people participated and shared their views, through either an online survey or by attending a focus group. You can read what they had to say [here](#).

- > Overall, an Alongside Midwifery-Led Unit was participants' preferred place to give birth, but not everyone's first choice.
- > At Home and at a Standalone Midwifery Led Unit were participants' least preferred locations to give birth at due to concerns around safety should complications arise during labour.
- > Not having neonatal care available would influence where many participants choose to give birth.
- > Being kept safe and well looked after was comparatively more important to maternity service-users than the public as a whole.



We would like to take this opportunity to thank everyone who took the time to respond, your feedback has been invaluable.

To read the Your Birthing Choices engagement report and the findings please click [here](#).

## Voluntary, Community and Social Enterprise (VSCE) Collaborative update

Voluntary, community and social enterprise (VCSE) sector organisations across Humber and North Yorkshire have a wealth of knowledge, expertise and understanding when it comes to supporting our people and our communities.

This connection to our communities and the lived experience of our people is crucial to the Partnership's success.

The VCSE Collaborative, which comprises of representatives from across the six places covered by the Partnership, was established to engage with the VCSE sector to enable the potential and impact of the sector to be realised.

It's aim is to fully integrate the sector into the planning, design and delivery of health and care across Humber and North Yorkshire.

This partnership has been captured and agreed in a [Memorandum of Understanding](#), which agrees how we will work together.

The Collaborative also manages several programmes including the Green Social Prescribing programme as well as projects and campaigns such as supporting the roll out of the NHS App. From January to June this year the Collaborative engaged with 360 VCSE organisations and supported over 1,800 individuals to download and use the app.

More information about the VCSE Collaborative is available [here](#).

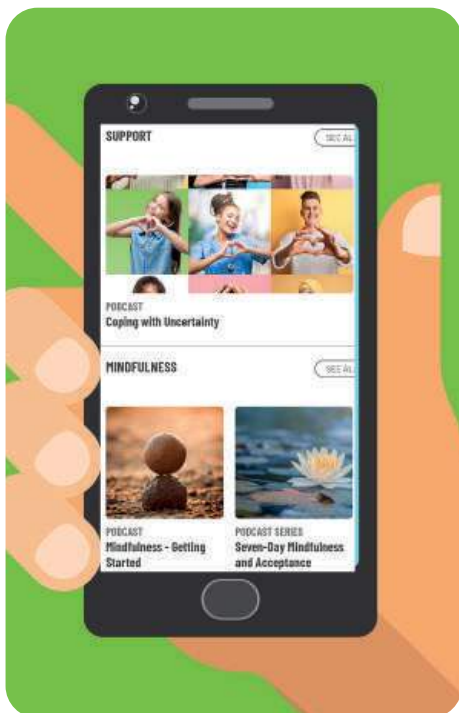


## New app launched to support health care and emergency staff across Humber and North Yorkshire Health and Care Partnership.

A new app has launched for health care and emergency service staff across North and North East Lincolnshire, Humber, East Riding and North Yorkshire.

Called Our People, the app (available to download through [iOS](#) or [Google Play](#)) is part of and builds on the existing support provided across the Humber and North Yorkshire Health and Care Partnership and Humber, Coast and Vale Resilience Hub (Soon to become Humber and North Yorkshire Resilience Hub).

It's designed to maintain and improve the wellbeing and physical and mental health of staff by providing a range of self-help resources to people 'on the go'.



## Celebrating our Covid Medicine Delivery Units in delivering medicines to vulnerable patients during the pandemic.

During the pandemic, NHS teams continued to provide vital medicines to vulnerable patients who had tested positive for Covid-19. Across Humber and North Yorkshire, four acute trusts set up Covid-19 Medicine Delivery Units (CMDUs) providing medicines and treatments. In total, some 1,870 patients suffering from Covid-19 received specialist medicines to support them in their recovery.

Hull University Teaching Hospitals NHS Trust's CMDU went live in December 2021, initially providing intravenous treatments, led by their infectious diseases team. This was followed by York and Scarborough Teaching Hospitals NHS Foundation Trust with the introduction of oral anti-viral medication. Hull and York were soon followed by Harrogate and District NHS Foundation Trust and Northern Lincolnshire and Goole NHS Foundation Trust. CMDUs ensured patients received their urgent medicines by providing a courier service, so patients could receive treatment while isolating. This helped vulnerable patients recover quicker, relieved symptoms and avoided hospitalisation. Eligible patients were referred to the service via a triage system, now being managed by Yorkshire Health Partners, a federation of 11 GP practices across East Riding.

As a vulnerable patient with multiple sclerosis, Rebecca Race from Hull was eligible for antiviral treatment when she contracted Covid-19.

She said: "I caught Coronavirus in May 2022 prior to attending an oncology appointment. The NHS 111 service referred me to receive antiviral medication via the Covid Treatment Delivery Unit.

"Dr Adams, the Clinical Lead at Hull CMDU carefully went through the options and the possible side effects of each medicine, letting me make an informed choice about receiving the Covid-19 antiviral treatment. My husband collected the antiviral medicines from our local pharmacy, which meant I could be treated at home."

Dr Kate Adams, Consultant Infectious Diseases at Hull University Teaching Hospitals NHS Trust and Clinical Lead Hull CMDU said: "Setting up the Hull CMDU at great speed at a time when the Trust and the NHS as a whole was under severe pressure, was one of the biggest challenges of my career and one that I am immensely proud of. Just after the CMDU was set up, the region was hit by the first wave of Omicron, so the numbers of patients being referred to us each day were several times higher than had been anticipated or planned for.

"I truly think that the time we spent talking to these patients, telling them how to manage their symptoms and reassuring them that they would be OK, was worth just as much to some people as the treatment. The CMDU undoubtedly helped to relieve the pressure on both primary and secondary care."

## Cancer Alliance teams up with partners to launch breast pain clinics



Clinics for women experiencing breast pain without other symptoms are now available in North Lincolnshire, North East Lincolnshire, and North Yorkshire and York.

Breast pain alone is not a symptom of breast cancer but can understandably cause worry.

People with persistent breast pain are often referred to a two week wait clinic, which will carry out more in-depth assessments. However, where breast pain is the only symptom, underlying problems can remain undiagnosed and women can undergo unnecessary invasive tests, but the underlying problem can remain undiagnosed and unresolved.

Breast pain clinics offer more appropriate approaches for people experiencing breast pain alone. Led by Advanced Nurse Practitioners, they provide support for women who are experiencing breast pain and have not found a solution via primary care.


The clinics offer examination, guidance, and support, along with a review of family history, which can be reassuring for patients with a family history of breast cancer.

This ensures that breast pain symptom-only patients get help to manage their condition, and two-week wait referral appointments are freed up for people who really need them. However, anyone with suspicious symptoms will be urgently referred for further assessment.

The Cancer Alliance has worked with York and Scarborough Teaching Hospitals NHS Foundation Trust and Northern Lincolnshire and Goole NHS Foundation Trust to develop these community-based clinics, which currently operate in Malton, Scunthorpe, and Grimsby.

A GP webinar has also been held to raise awareness of the clinics and referral processes.

For more information, visit the [Cancer Alliance website](#).



**Keep up to date with our latest news**

Keep up to date with the latest developments across the Humber and North Yorkshire Health and Care Partnership.

Our [website](#) features our latest news and information, and we publish a new blog every week looking at specific areas of work. You can also follow us on [Twitter](#) and [Facebook](#).

## Outpatients Transformation programme produces animations to support patients with accessing appointments.



To support new ways for patients to access appointments, two patient-focused short animations have been produced. These [animations](#) support and empower patients by explaining what Patient Initiated Follow Ups (PIFU) are and describing how patients can undertake their appointments virtually if required.

Wendy Scott, Director of Collaborative of Acute Providers explains:

"We are now in a world where we need to embrace new ways of working and new technologies which support and empower our patients, where these are deemed suitable. It is intended that these animations help patients become better informed and aware of their choices on what options are available to them for their ongoing care." The animations are available to watch [here](#).

