



Community of Practice

If you would like to find out more information about Community of Practice or the work of the Children & Young People's Trauma Informed Care Programme, please get in touch.



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What are Communities of Practice (CoPs)?

Communities of Practice are “groups of people who share a concern or a passion for something they do and learn how to do it better as they interact regularly” (Wenger-Trayner & Wenger-Trayner, 2015). In general, they consist of a group of people with a common sense of purpose who agree to work together to share information, build knowledge, develop expertise, and solve problems.



Why should I join a Community of Practice?

In joining a Community of Practice, it can help individuals and organisations grow and develop. Communities of Practice help us to:

- Learn and grow our skills and get better at what we do together
- Share our knowledge and join up related work
- Scale our ways of working and share common approaches across teams
- Collaborate and create better practices for everyone

What does participation include:

- Welcoming any new people at the beginning of each meeting
- Listening to others - All ideas are good ideas
- Everyone participates; no one dominates
- Being respectful and using appropriate language in group discussions listening and responding to each other with open and constructive minds
- Members sharing challenges and lessons learned as well as successes
- Contributing to an atmosphere of problem solving
- Keeping an open mind
- Make decisions by consensus
- Creating an environment of trust and to participate in insightful, non-threatening discussions of ideas and experiences
- Topics, discussions, and work reflect public health issues pertinent to the Community of Practice
- Inviting guest / keynote speakers relevant to Community of Practice focus
- Online and face to face meetings