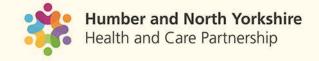


HUMBER AND NORTH YORKSHIRE YOUNG PEOPLE'S MENTAL HEALTH ADVISORY GROUP AGREEMENT

Terms of this newly established group, agreed by young people at the Humber and North Yorkshire Health and Care Partnership 'Nothing About Us Without Us' Engagement and Coproduction Event on 19th December 2022

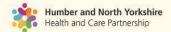


TOP PRIORITIES



Humber and North Yorkshire's Young People's Mental Health Advisory Group's Top Priorities for Improving the Mental Health of Children and Young People across Humber and North Yorkshire: -

1	Young people led awareness-raising and training, on the signs and symptoms of mental health problems, and issues impacting young people's mental health, including LGBTQ+, racism, etc.
2	Easier access to services
3	Young people leading on work and courses about children and young people's mental health, to ensure their voices are heard, their lived experience is valued, and they are not 'shrugged off' by professionals
4	Listen to us more







A group of young people with an interest in / lived experience of mental health challenges, who meet frequently in their local area and twice a year across Humber and North Yorkshire, to influence mental health strategy, policy, and practice







- To inform decision making about young people's mental health services
- To make a change
- To hold services accountable
- To improve awareness and understanding of mental health
- To ensure that young people's experiences and opinions are embedded in decision making processes from start to finish









Come together as a bigger group twice a year - in the York area again but a different venue

Meet locally more frequently

Three location groups:

NORTH & NORTH EAST LINCOLNSHIRE

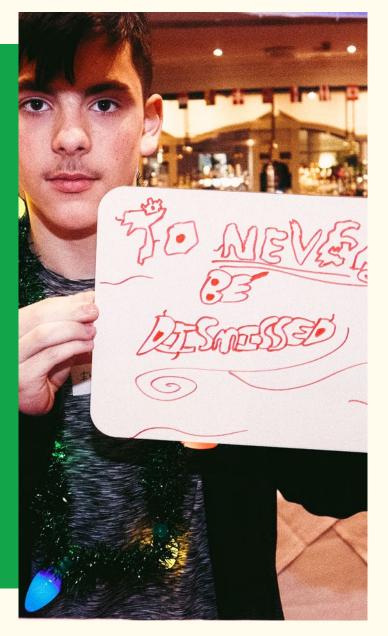
Barton - Ropewalk Grimsby - Navigo House / Carer's Centre Scunthorpe - 2021 Arts Centre / Cafe INDIE / Normanby Hall

HULL & EAST RIDING

The Warren
The Guildhall
ASDA Mount Pleasant Community Room
Kingston Youth Centre
The Conservatory at KIDS

NORTH YORKSHIRE & YORK

Museum Gardens Indoor meeting space - not yet agreed







Starting in 2023

A big event twice a year

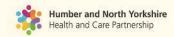
- July (at the start of the school summer holiday) face-to-face meeting
- November hybrid meeting of face-to-face with online remote link also (evening or weekend)
- York area again
- Travel budget

Smaller more local meetings

Frequency not yet agreed but suggestions include:

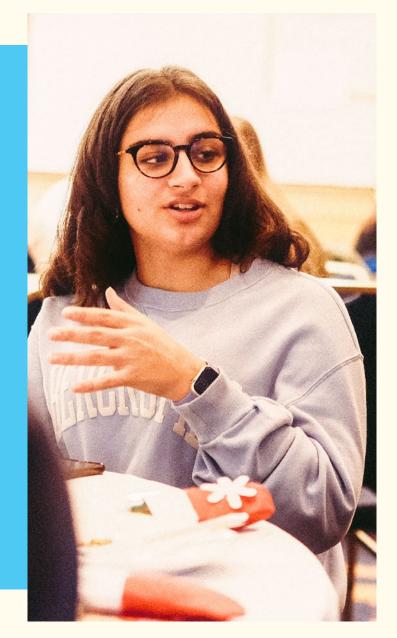
- Once a month
- Every 6 weeks
- Bi-monthly







- A young people's mental health advisory group made up of young people up to and including the age of 25, from the Humber and North Yorkshire area, with an interest in / lived experience of mental health challenges
- Supported by Clair Atherton, Children and Young People's Engagement and Coproduction Manager (Humber and North Yorkshire Health and Care Partnership), and other engagement professionals from across Humber and North Yorkshire
- To informed decision making by relevant steering groups such as the Humber and North Yorkshire Health and Care Partnership Children and Young People's Mental Health Steering Group and the Trauma Informed Care Steering Group







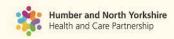


A mix of...

- Online
- Face to face
- WhatsApp Group
- Other social media

As a way to communicate and meet with the group





TO MAKE THIS HAPPEN



- Services to offer support
- Professionals to understand what is important to young people when accessing services
- Creative support
- Venues/spaces to meet
- Media support
- To be listened to
- Funding
- People to hear our own experiences / view of what WE need





HOW ELSE CAN HOW ELS HELP? PROFESSIONALS HELP?



Meetings must be accessible Supply travel Free locations -Help Avoid butting in! Don't budget/expenses facilitate rooms - venues push their ideas on young but also those who are meetings people - Could we think of ways to help manage Option to not this?!?! have camera on at Food and virtual sessions Logos drink at Support from professionals Sessions need to be Travel we know at sessions sessions Think about not too fares Money Use venues many sessions as we are with gender part of other groups Train / neutral toilets food - drinks Tech bus / car information about Help with Posters / leaflets technology and simple Fidgets and colouring Money! Money for Perfect quiet space food and Speak to Wi-Fi Venues Help facilitate drink -Ads and Help with more Free skills to Greggs!! social media Environment locations & young lower costs / venue people (photos) To come, present, attend Facilitated by young people but make films and leaflets help equip young people with the Travel money for not only at regional People that can walk people **Finances** skills - CV building - opportunity people who need it events but local groups back to certain places

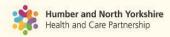


EVALUATION



The group will use their big events twice a year, in July and November, to evaluate their priorities, their planned work, and the impact of the group so far





NEXT STEPS





- Identify staff available to support
- Get consent to be added to WhatsApp group / other social media groups
- Agree specific meeting dates, times, and venues for meetings in local areas
- Identify ways of covering young people's expenses to attend meeting
- Agree platform for online meetings
- Set dates for both the July meeting and the November meeting
- Type up all feedback and share with the young people who contributed to check it's accurate
- Share this agreement with professionals across Humber and North Yorkshire, and ask them to respond with offers, ideas and information to help make this all happen

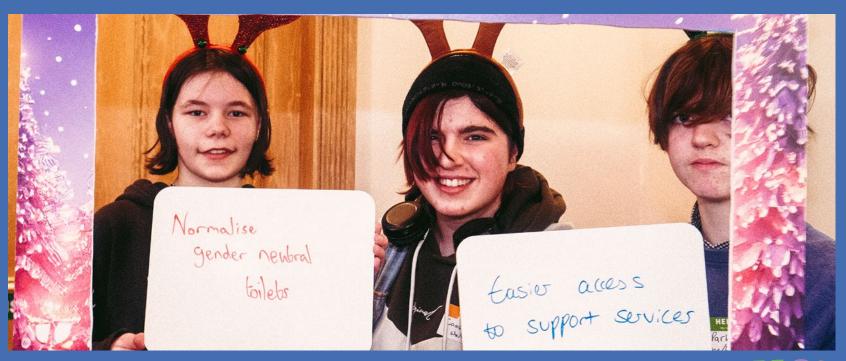












WANT TO KNOW MORE?

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