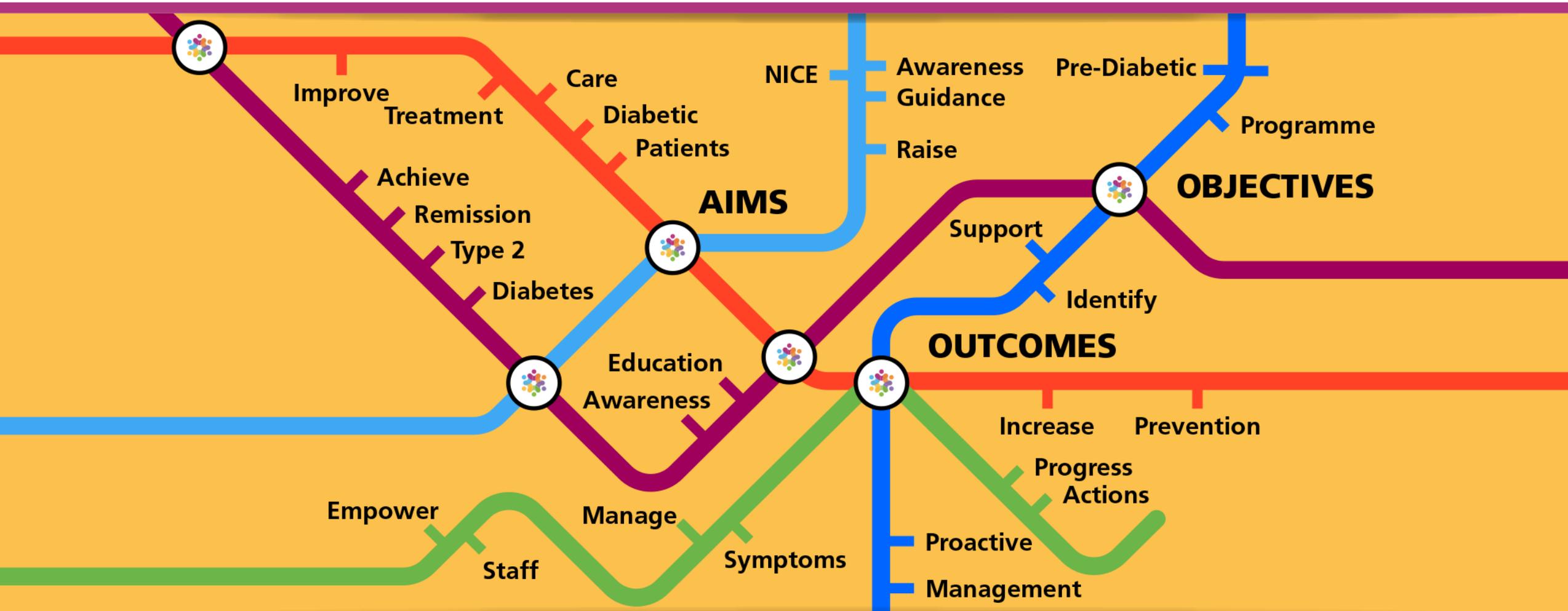


Diabetes Practice Nurse Education Event

30th March 2023





Welcome and Overview of the Day

Vanessa Burns

Assistant Director, Humber and North Yorkshire Community
Health & Care Collaborative;
Senior Responsible Officer for HNY Diabetes Programme



- **Chair** - Vanessa Burns, Assistant Director, Humber and North Yorkshire Community Health & Care Collaborative; Senior Responsible Officer for HNY Diabetes Programme.
- **Co-Chair (afternoon)** – Dr Tom Milligan, Clinical Lead for HNY Diabetes Programme
- **Supported by:** Scott Walker, HNY Diabetes Programme Manager

Housekeeping:

- Fire escapes: Follow green signs, head towards front of hotel.
- Fire drill: No fire drill scheduled today. Assembly point at front of hotel.
- Lavatories: Turn right out of this room, right hand side of refreshment tables.
- Refreshments: served outside of this room.
- Lunch: Served in the foyer and in the restaurant.

Mentimeter:

- Please note, Mentimeter will be used throughout the day to gain feedback.
- Feedback is anonymous.

Thank you!

Thank you to all those who have helped to make this Event possible, particularly:

- Primary care colleagues
- NDPP and LCD programme providers
- Diabetes Clinical Leads
- Diabetes Leads at Place
- NHS England & Improvement colleagues
- Scott and Team

Structure of the day:

Morning session:

- Overview of the national and regional ambition for Diabetes in 2023/24; Key Note speakers (*inc pre-recorded message*); NDPP and LCD Programme Providers.
- Refreshments served mid-morning and mid-afternoon
- Buffet lunch served in the restaurant

Afternoon session:

- Table top / Group discussions focusing on GP Practice level data packs.

Aims:

- To further improve the **treatment and care** for diabetic patients, with further achievement of the 8 care processes in primary care, in line with NICE guidance.
- To **raise awareness** of the national programmes for pre-diabetic patients, and giving patients the opportunity to achieve remission for type 2.

Objectives:

- To support **early identification** of patients with diabetes.
- To **increase prevention and proactive management** of patients with diabetes.
- To **further empower primary care staff** and service users in managing symptoms of diabetes.
- To develop further **understanding of percentage compliance** with 8 care processes across HNY.



Dr Nigel Wells, Executive Director of Clinical and Professional *(Pre-recorded message)*

Humber and North Yorkshire Integrated Care Board

Nigel qualified as a GP in 2003 and began working as a locum GP in Yorkshire before becoming a GP partner in Durham, and then in 2008 a GP partner at Beech Tree Surgery in Selby. Prior to being appointed as the designate Executive Director of Clinical and Professional for Humber and North Yorkshire ICB, Nigel held roles as Clinical Lead for the Health and Care Partnership alongside the role of Clinical Chair for Vale of York CCG.

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The National Ambition for Diabetes 2023/24



Karen Kennedy

Deputy Director NHS Diabetes Programme, NHS England (*Pre-recorded message*)

An experienced NHS senior programme manager, Karen has led on the implementation of national policy within NHS England since 2013, working in major transformation programmes relating to care quality and maternity. Prior to joining the NHS, Karen worked in service design and implementation in a large national charity.

Karen is now Deputy Director within the NHS Diabetes Programme, responsible for developing policy, securing national funding, and supporting local systems to deliver high quality diabetes treatment and care for their populations.



Dr Waqas Tahir - GP Partner Affinity Care (Thornton & Denholme Medical Centre, Thornton); GPwER Diabetes; Diabetes Clinical Lead – Bradford System Programme Board; WY&H ICS Diabetes Clinical Lead; Associate Clinical Lead – Diabetes Clinical Networks (Y&H); GM Diabetes Strategy Group – member.

Dr. Waqas Tahir is a GP partner who joined Westcliffe Medical Practice in 2013. The practice has now developed into Affinity Care, a single partnership covering eight contracts and 65,000 patients.

He also works as a GPwER in Diabetes, advising and teaching local GPs and nurses. As the SRO for Diabetes, he has system responsibility for clinical governance and has been leading the re-design of diabetes services, clinical guidelines, outcome measures, and quality indicators across 2 CCGs in Bradford with a focus on cardio-metabolic pathways. He has a particular interest in translating evidence into practice, cardio-metabolic medicine, multi-morbidity, and the role of technology and innovation in the delivery of patient care.

He has been involved as a Principal Investigator in numerous research projects related to primary care and diabetes. He has been a member of the clinical diabetes steering group supporting the development of GM cardio-metabolic pathway. He is a standing member of the NICE Indicator Advisory Committee as well as the clinical diabetes lead for West Yorkshire & Harrogate Health and Care Partnership.

Diabetes UK

Rachel Martin.

Diabetes UK is the UK's leading diabetes charity and tackles the diabetes crisis by preventing Type 2 diabetes; campaigning for and supporting everyone affected by diabetes; and funding research that will one day lead us to a cure.

Diabetes UK provides advice on Diet and Exercise to Support Groups, and via their Helpline, to people with *diabetes* and their families, across the UK.

Diabetes UK Website address: <http://diabetes.org.uk/>

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Refreshment Break



The National Diabetes Programmes

NHS Diabetes Prevention Programme (NDPP)

- Xyla
- Meddbase

Low Calorie Diet (LCD) – T2DR

- Oviva

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Lunch Break

Please collect your data pack from the signing-in table



Welcome to the Afternoon Session

Dr Tom Milligan

GP and Clinical Lead for HNY Diabetes Programme

Structure for the Afternoon session:

- Table top / Group discussions focusing on GP Practice level data packs
- Facilitated discussion on the content of the data packs –
 - what does the data tell you?
 - Can you apply any learning / top tips identified from morning session?
- Consider the questions posed on the screen
- Facilitators are here to help you
- Use the action plan template at back of your Delegate Brochure
- Mentimeter will capture feedback
- Feedback session

Within your groups, please consider the following questions:

- What does the data tell you?
- Does this data feel right?
- Does it reflect what is being delivered by you / your Team?
- What thoughts have you in terms of your Practice's development needs?
- How can we increase achievement of 8 care processes in your Practice?



Refreshment Break

Feedback Session:

- Facilitators capture main themes from the Group discussion and provide feedback
- Main themes and 'take home' messages

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Next Steps:

- Development of a HNY Diabetes Practice Nurse Network
- Peer support & useful tools / document repository
- Meet up in 3-6 months (via Teams)

Thank you for coming



Lets stay in touch!