



Humber and North Yorkshire
Health and Care Partnership

Children and Young People's
Trauma Informed Care Programme

Programme Summary

Framework for Integrated Care (community) for Humber
and North Yorkshire Health and Care Partnership (ICS))

Mental Health, Learning Disabilities and Autism Collaborative





Our Pledge

“We will work collaboratively to ensure that Children and Young People, who have or may have experienced trauma or adversity, are supported to thrive. We will do this by working across the system so everyone is supported to respond helpfully, consistently, and compassionately”



The Core Team

Programme Partnership Manager:

Cat Jones

Community of Practice Manager:

Katy Winfield

Children and Young People's (CYP) Engagement and Coproduction Manager:

Clair Atherton

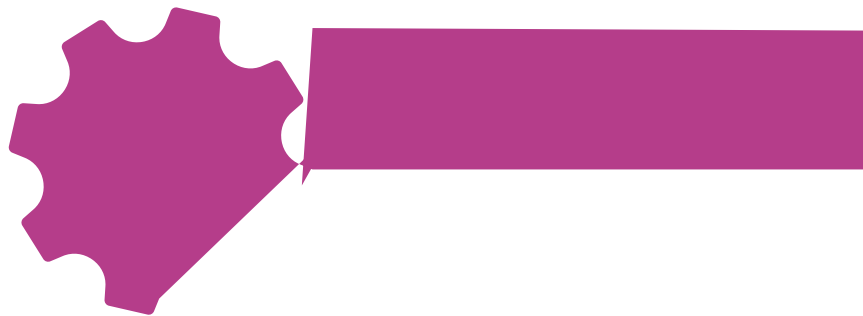
Senior Administrative Officer:

Lisa Hudson



Our Values

The purpose of our underpinning values is to ensure that all professionals involved in this programme of work recognise and respond appropriately to signs and symptoms of trauma, resist re-traumatisation and acknowledge the differences between and within communities. These values should be embedded within each programme strand to support a culture where children and young people, (and their parent/carers), benefit from and are actively engaged in developing and improving services.





Partnership

The Programme

Our Children and Young People's Trauma Informed Care Programme is a collaboration of partners from across our six places within Humber and North Yorkshire. The model aims to build on existing infrastructure to strengthen pathways and collaborative working while testing new models of delivery to improve outcomes. In order to meet the objectives of the framework, our phased implementation will focus and build on the following four key areas:





Staff understand trauma, its effects and that behaviour is the adaptation that children needed to make to survive.



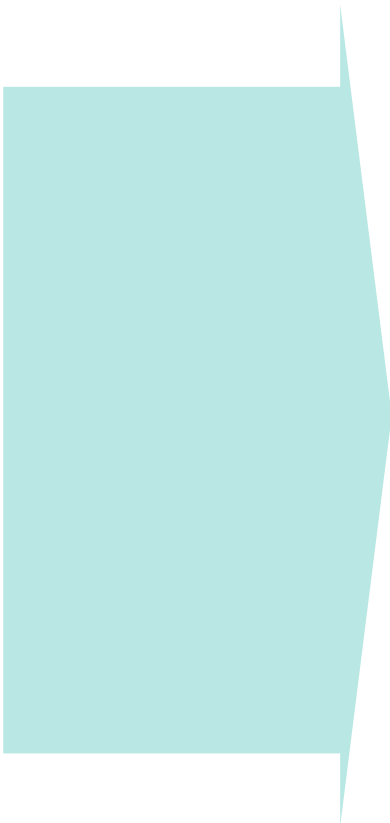
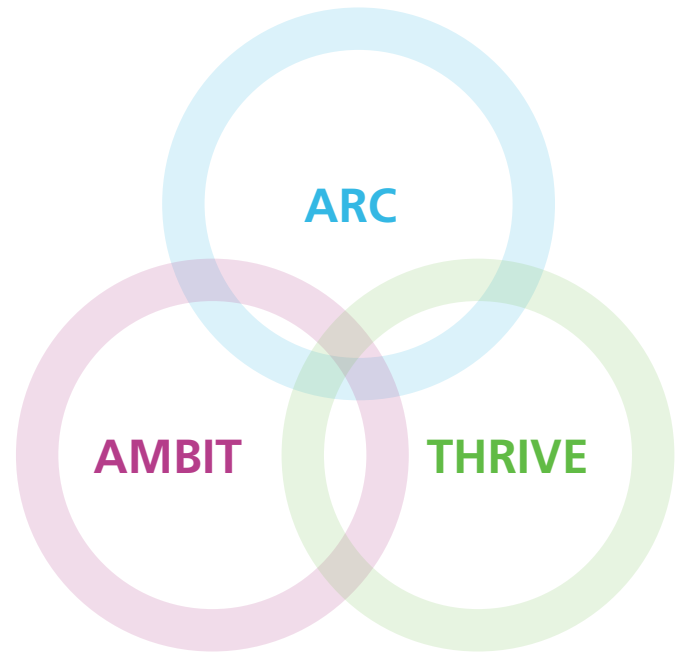
The workplace can operationalise some concepts of a Trauma Informed approach.



Individuals and the organisation recognise and respond to trauma, enabling changes in behaviour and strengthening resilience and protective factors.

The culture of the whole system, including all work practices and settings reflects a Trauma Informed approach.

- Work collaboratively with partners to support organisations to move from being Trauma Aware through to being fully Trauma Informed.
- Build, embed and sustain a Trauma Informed integrated system and develop a consistent joint approach and common language across the ICS.
- Develop 'Communities of Practice' to enable the sharing of good practice and learn and contribute to the development of our Trauma Informed culture and partnership.
- Develop and design a tool kit and a knowledge and skills framework to recognise the range of roles that workers may have in relation to providing services to children and young people who have lived through traumatic experiences.
- Influence key strategic plans and documents across Humber and North Yorkshire Health Care Partnership Integrated Care System to explicitly name trauma – and the commitment to develop 'Trauma Informed Practice'.
- A training plan will be developed, informed by our scoping, to support the implementation of the knowledge and skills framework.









Target Cohort

The target cohort for years 1-3 are Children and Young People aged 10-19 who are at risk of becoming first time entrants or of re-offending in the Youth Justice System.

