

York Health and Care Collaborative – Children and Young People

• 'Raise York' Family Hubs

Family Hubs are a National Scheme **system-wide model** of providing high-quality, whole-family, joined up, family support services.

York's Family Hubs are called 'Raise York' they are a network of people, places and online support supporting children, young people and families from pregnancy to adulthood. People can expect a warm welcome in their local community and to be guided to the right support for them.

Raise York website – offers to support parents, carers, children, young people and anyone who works with children, young people and families (www.raiseyork.co.uk)

Currently there are 6 Raise York hub sites; Hob Moor Children's Centre; Clifton Children's Centre; The Avenue's Children's Centre; York Explore; Acomb Explore; Tang Hall Explore; Clifton Explore (Autumn 2024).

Work the Raise York Hubs work do includes : Team around the school / early years partnership; Workforce Induction Kit; Start for Life - 'Supporting your parenting journey' in York booklet; Family Navigators; Parent Champions; Explore centres; Supporting Families Advisors; Solihull Parenting Programme; Improved systems; Reconfiguring buildings; Youth Strategy – Local Youth Partnership; Health Inequalities pilot; Changemakers.

Further information can be provided via the York Family Information Service – 01904 554444

Mental Health Support in Education (Ebor Academy Trust)

School attendance has been impacted due to Covid.

Upskilling teachers and appointing staff from various backgrounds to be able to offer a more holistic approach to support Children and Young People and help keep them in education.

Challenges with not being included in all non private diagnosis' for Children and Young People's Mental Health Conditions.

They are educating Children and Young People about Mental Health so they can understand feelings and build up emotional fluency and be able to approach adults.

Vague letters from Medical professionals if children are not attending school which may not be a medical issue and a holistic approach may mean they stay in school.

How can we support education with non attendance and challenges with Private Mental Health Diagnosis'

Children and Young People's Mental Health

95% referrals into TEWV CAMHS are from primary care

45% referrals into CAMHS are declined

45% CAMHS caseload is related to autism or ADHD

May be a societal pressure for a diagnosis which is why 45% of referrals into CAHMS are declined.

Similar scheme of Social Prescribers for Adults is needed for Children so it is clear where to signpost is CAHMS is not the right place.

Sometimes support is needed to work through the information given to people if there referral is rejected by CAHMS.

YorChoice – a mental health drop in session for 14-21 year olds – info on next slide

What's on offer on next slide

What's on offer



Self-guided (websites for national charities or APPS/PHSE/HCS/advice from eg SWS or WiMT)

School Well-Being Service/Well-Being in Mind/York Mind/ ChatChit/Yorchoice/ELSAs/Counselling Service

Well-Being in Mind/TEWV CAMHS generic and specialist/IAPT age 16 plus/Counselling Service

TEWV CAMHS specialist services e.g. crisis- and inpatient units (Provider Collaborative or NHSE)

York's mental health drop in for 14-21 year olds

(up to 25 years SEND)



Not sure what support is available in York?

On a waiting list and would like a chat?

or need a non-judgemental mental health safe space?

Monday and Thursday Evenings

Find out more:

