



Categorisation of inhaled corticosteroids by dose – Adults (listed on ICB guidelines)

ICS	Dose		
	Low Dose	Medium Dose	High Dose [#]
Dry Powder Inhalers (DPI)			
Budesonide			
Pulmicort Turbohaler	100mcg, 2 puffs twice a day	200mcg, 2 puffs twice a day	400mcg, 2 puffs twice a day
Non Proprietary Easyhaler	100mcg, 2 puffs twice a day	200mcg, 2 puffs twice a day	400mcg, 2 puffs twice a day
Pressurised metered dose inhalers (pMDI)			
Beclometasone dipropionate			
Kelhale pMDI (extra fine)	50mcg, 2 puffs twice a day	100mcg, 2 puffs twice a day	100mcg, 4 puffs twice a day
Clenil Modulite pMDI	100mcg, 2 puffs twice a day	200mcg, 2 puffs twice a day	250mcg, 2 -4 puffs twice a day
Soprobec pMDI	100mcg, 2 puffs twice a day	200mcg, 2 puffs twice a day	250mcg, 2 -4 puffs twice a day
Fluticasone propionate			
Flixotide evohaler	50 mcg; 2 puffs twice a day	125 mcg; 2 puffs twice a day	250 mcg; 2 puffs twice a day

High doses (shaded boxes) should only be used after referring the patient to specialist care



ICS	Dose		
	Low Dose	Medium Dose	High Dose [#]
Combination inhalers			
Beclometasone dipropionate (extrafine) with formoterol			
Luforbec (pMDI)	100/6, 1 puff twice a day	100/6, 2 puffs twice a day	200/6, 2 puffs twice a day
Fostair (pMDI)	100/6, 1 puff twice a day	100/6, 2 puffs twice a day	200/6, 2 puffs twice a day
Fostair (Nexthaler)	100/6, 1 puff twice a day	100/6, 2 puffs twice a day	200/6, 2 puffs twice a day
Budesonide with formoterol			
Fobumix easyhaler	80/4.5 2 puffs twice a day 160/4.5; 1 puff twice a day	160/4.5; 2 puffs twice a day 320/9; 1 puff twice a day	320/9; 2 puffs twice a day
Symbicort Turbohaler	100/6; 2 puffs twice a day 200/6; 1 puff twice a day	200/6; 2 puffs twice a day 400/12; 1 puffs twice a day	400/12; 2 puffs twice a day
Fluticasone propionate with salmeterol			
Combisal pMDI	50/25; 2 puffs twice a day	125/25; 2 puffs twice a day	250/25; 2 puffs twice a day
Seretide Evohaler	50/25; 2 puffs twice a day	125/25; 2 puffs twice a day	250/25; 2 puffs twice a day
Fluticasone furoate with vilanterol			
Relvar Elipta	92/22; 1 puff once a day		184/22; 1 puffs once a day
Beclometasone dipropionate (extra fine) with formoterol and Glycopyrronium			
Trimbow pMDI	n/a	87/5/9; 2 puffs twice a day	172/5/9; 2puffs twice a day
Mometasone furoate with indacaterol and Glycopyrronium			
Energair [®] Breezhaler	n/a	n/a	136/114/36; 1 puff once a day

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Categorisation of inhaled corticosteroids by dose – Adults (Not listed on ICB guidelines)

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	Low Dose	Medium Dose	High Dose [#]
Dry Powder Inhalers (DPI)			
Beclometasone			
Non-proprietary Easyhaler	200mcg 1 puff twice a day	200mcg 2 puffs twice a day	n/a
Budesonide			
Budelin Novolizer	n/a	200mcg 2 puffs twice a day	400mcg 2 puffs twice a day
Fluticasone propionate			
Flixotide Accuhaler	100mcg; 1 puff twice a day	250mcg; 1 puff twice a day	500mcg; 1 puff twice a day
Mometasone			
Asmanex Twisthaler	200mcg 1 puff twice a day	400mcg 1 puff twice a day	n/a
Pressurised metered dose inhalers (pMDI)			
Beclometasone dipropionate			
QVAR pMDI (extrafine) QVAR Autohaler (extrafine) QVAR Easi-Breathe (extrafine)	50mcg, 2 puffs twice a day	100mcg, 2 puffs twice a day	100mcg, 4 puffs twice a day
Ciclesonide			
Alvesco pMDI	80 micrograms; 2 puffs once a day	160 micrograms; 2 puffs once a day	160 micrograms; 2 puffs twice a day

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	Low Dose	Medium Dose	High Dose [#]
Combination inhalers			
Budesonide with formoterol			
Duoresp Spiromax	160/4.5, 1 puff twice a day	160/4.5, 2 puffs twice a day 320/9, 1 puff twice a day	320/9, 2 puffs twice a day
Fluticasone propionate with formoterol			
Flutiform MDI	50/5; 2 puffs twice a day	125/5; 2 puffs twice a day	250/10; 2 puffs twice a day
Flutiform K-haler	50/5; 2 puffs twice a day	125/5; 2 puffs twice a day	n/a
Fluticasone propionate with salmeterol			
Aerivio Spiromax	n/a	n/a	500/50; 1 puff twice a day
AirFluSal Forspiro	n/a	n/a	500/50; 1 puff twice a day
AirFluSal pMDI	n/a	125/25; 2 puffs twice a day	250/25; 2 puffs twice a day
Aloflute pMDI	n/a	125/25; 2 puffs twice a day	250/25; 2 puffs twice a day
Fusacomb Easyhaler	n/a	250/50; 1 puff twice a day	500/50; 1 puff twice a day
Sereflo pMDI	n/a	125/25; 2 puffs twice a day	250/25; 2 puffs twice a day
Seretide Accuhaler	100/50; 1 puff twice a day	250/50; 1 puff twice a day	500/50; 1 puff twice a day
Sirdupla pMDI	n/a	125/25; 2 puffs twice a day	250/25; 2 puffs twice a day
Stalpex Orbicel	n/a	n/a	500/50; 1 puff twice a day

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