Top-to-toe care at

Hornsea Cottage Hospital

A guide to health and wellbeing clinics
for people of all ages



Hornsea Cottage Hospital
Eastgate
Hornsea
HU18 1LP

Tel. 01964 533146

***Please note that there are no minor injury services on site\****

| **Service** | **What day?** | **What time?** | **Who will I see?** | **Service Provider** | **Who buys the service?** | **How do I access the service?** |
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| Abdominal Aortic AneurysmScreening | Mondays based on demand (4 - 6 times per year) | 9 am to 5pm | Screening Technicians | Hull University Teaching Hospitals NHS Trust | NHS Humber and North Yorkshire Integrated Care Board East Riding Place(HNY ICB ER Place | Referral by GP / clinician |
| Alcohol and Drug Service  | Friday weekly Monday fortnightly | 9am to 4.30pm (By Appointment only) | Practitioner  | The East Riding Partnership | East Riding of Yorkshire Council | Referral by GP / clinician or via Open Access Service |
| Antenatal & Postnatal Clinics | Tuesday, Thursday and Friday | 9am to 3.30pm clinic and home visits | Midwife |  Hull University Teaching Hospitals NHS Trust | HNY ICB ER Place | Referral by GP / clinician |
| Audiology (hearing clinic) | Thursdays | 9am to 4pm | Audiologist (a hearing specialist) | Hull University Teaching Hospitals NHS Trust  | HNY ICB ER Place | Referral by GP / clinician |
| Child & Adolescent Mental Health Services (CAMHS) | Tuesday& Wednesday | By Appointment | A specialist Doctor | Hull and East Riding CAMHS | HNY ICB ER Place | Referral by GP / clinician |
| Changing Places fully accessible toilet | Monday to Friday | 8.30am to 5pm (reception opening)  | n/a - carers use this at their own risk | Humber Teaching NHS Foundation Trust | Humber Teaching NHS Foundation Trust | Accessible during opening hours |
| Child Development Review  | By Appointment | By Appointment | Nursery nurse/ Health visitor  | Humber Teaching NHS Foundation Trust | Humber Teaching NHS Foundation Trust | By Appointment  |
| Child Speech and Language Therapy | As required  | By appointment | Speech and Language Therapist or Speech and Language Therapy Assistant | Humber Teaching NHS Foundation Trust | HNY ICB ER Place | Open referral system, needs parental consent |
| Clozapine Clinic (health checks for people who are prescribed this medication) | Tuesdays fortnightly | 9am to 1pm (By Appointment) | Community psychiatric nurse | Humber Teaching NHS Foundation Trust | HNY ICB ER Place | Referral by Community Mental Health Team |
| CPA Care (ongoing Mental health support) | Once a week | Byappointment | Mental health worker | Humber Teaching NHS Foundation Trust | HNY ICB ER Place | Referral by Community Mental Health Team |
| Health Improvement Programme | Friday monthly | 9.30am to 4.30pm (By Appointment) | Mental health worker | Humber Teaching NHS Foundation Trust | HNY ICB ER Place | Referral by Community Mental Health Team |
| Heart Failure clinic  | Wednesday | By Appointment | Specialist Nurse | City Health Care Partnership CIC | HNY ICB ER Place | Referral by GP / clinician |
| Yourhealth for health and wellbeing advice and support including stop smoking, social prescribing, mental health and wellbeing coach | Weekly |  9am to 5pm | Health trainer, social prescribing link worker, mental health and wellbeing coach, stop smoking coach  | Humber Teaching NHS Foundation Trust | HNY ICB ER Place | Self-referral/ referral by GP/ clinician |
| Hearing Aid Maintenance, Battery Supply and Advice – “Hear to Help” | Tuesday | 9.30am to 11.30am | Volunteer | RNID by Hull University Teaching Hospitals NHS Trust | HNY ICB ER Place | Drop in service (for hearing aid adjustments/hearing tests, contact Audiology on 01482 468356) |
| Mental Health Consultant Psychiatrist Clinic | Thursday | 12.30pm to 4.30pm | Consultant Psychiatrist | Humber Teaching NHS Foundation Trust | HNY ICB ER Place | Referral by Community Mental Health Team |
| Mental Health (adult) | Most days | 9am to 4pm | Community Psychiatric Nurse | Humber Teaching NHS Foundation Trust | HNY ICB ER Place | Referral by Community Mental Health Team |
| Mental Health Assessment Clinic | By Appointment | By Appointment | Community Psychiatric Nurse | Humber Teaching NHS Foundation Trust | HNY ICB ER Place | Referral by GP / self-referral through 01482 301701 |
| Older People’s Mental Health | By Appointment  | By Appointment | Psychiatrist | Humber Teaching NHS Foundation Trust | HNY ICB ER Place | Referral by GP / clinician |
| Older People’s Mental HealthMemory Assessment Clinic | By Appointment  | By Appointment | Nurse | Humber TeachingNHS Foundation Trust | HNY ICB ER Place | Referral by GP |
| Pain Management | By Appointment  | By Appointment | A specialist Doctor | CHCP | HNY ICB ER Place | Referral by GP/ clinician |
| Physiotherapy MSK | By Appointment  | By Appointment | Physiotherapist | City Health Care Partnership CIC | HNY ICB ER Place | Referral by GP / clinician / self-referral through 01482 247111 |
| Podiatry | Thursdays and Fridays | By Appointment | Podiatrist | City Health Care Partnership CIC | HNY ICB ER Place | Referral by GP / clinician |
| Rapid Diagnostic Service | Tuesday | By Appointment | Radiographer | Hull University Teaching Hospitals NHS Trust | HNY ICB ER Place | Referral by GP / clinician |
| Retinal Screening (an eye check for people with diabetes) | WeeklyBy Appointment | 9.30 am to 3.00 pm | Retinal screening photographer | Hull University Teaching Hospitals NHS Trust  | Public Health England / NHS England | Referral by GP / clinician |
| Talking Therapies | Monday | 9 am to 5 pm (By Appointment) | High Intensity Worker (therapist) | Humber Teaching NHS Foundation Trust | HNY ICB ER Place | Referral by GP / clinician / self-referral through 01482 335451 |
| Treatment Room - Wound Assessments and Dressings | Monday -Friday | By Appointment | Staff Nurse | City Health Care Partnership CIC | HNY ICB ER Place | Referral by GP / clinician / self-referral through 01482 247111 |
| X-Ray | Wednesday  | By Appointment8.30am – 5pm | Radiographer | Hull University Teaching Hospitals NHS Trust  | HNY ICB ER Place | Referral by GP / clinician |
| Yorkshire Coast and Wolds Primary Care Mental Health Network | By Appointment | By Appointment | GP | Humber Teaching NHS Foundation Trust | HNY ICB ER Place | Referral by GP / clinician |

\*If you have an urgent injury or illness that **is not serious, life or limb threatening**, then your nearest walk-in
Urgent Treatment Centre can provide assessment, advice and/or treatment:

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| [**Beverley Urgent Treatment Centre**](https://www.chcpcic.org.uk/chcp-services/beverley-urgent-treatment-centre)East Riding Community HospitalSwinemoor LaneBeverleyHU17 0FATel: 01482 478879Open 7am – 11pm | [**Bridlington Urgent Treatment Centre**](https://www.chcpcic.org.uk/chcp-services/bridlington-urgent-treatment-centre)Entrance A, Bridlington HospitalBessingby RoadBridlingtonYO16 4QPTel: 01262 425631Open 7am – 11pm | **Bransholme Urgent Treatment Centre**Bransholme Health CentreGoodhart RoadHullHU7 4DWTel: 01482 344665Open 24 hours |

Alcoholics Anonymous Support Group, Saturday, 7.30 pm to 9 pm, Sacred Heart Catholic Church Hall, Football Green Hornsea. Just turn up.

**Please note:**

The information has been collated from a wide range of health and care providers and is accurate at time of print in July 2024. As always, when reliant on third party information, details may change due to individual staff or service issues. The recovery of services following the COVID-19 pandemic may also continue to affect some face-to-face clinics.

The latest version is available at: [Community Hospitals in the East Riding](https://humberandnorthyorkshire.org.uk/east-riding-community-hospitals/)

Referrals to local services are based on the appropriateness of an individual’s clinical need, and people may still have to travel to main sites dependant on their clinical condition.

Hornsea Cottage Hospital is owned by Humber Teaching NHS Foundation Trust.

Please notify Humber and North Yorkshire ICB’s Experience Team of any amendments:

Telephone: 01482 672156, E-mail: hnyicb.experience@nhs.net or by post to;

The Experience Team,
Humber and North Yorkshire ICB
Health Place
Wrawby Road
Brigg
DN20 8GS

Email: hnyicb.experience@nhs.net

Correct as of July 2024

**How to contact us**

The people who look after your health will do whatever they can to make sure you are treated appropriately and on time.  Your compliments are always appreciated and help us to share good practice. However, we realise that sometimes things do not go as expected.

If you are unhappy with the treatment or service you have received from NHS services, you have the right to make a complaint, have it looked into and receive a response. You can raise your concerns immediately by speaking with the staff involved who will attempt to resolve your complaint informally. Alternatively, you can contact one of the organisations patient relations service or Healthwatch East Riding of Yorkshire, the independent voice for the people of the East Riding:

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| **Action on Hearing Loss** | **Information**Tel: 0808 808 0123Email: informationline@hearingloss.org.uk  |
| **Alcoholics Anonymous** | Free National Helpline: 0800 9177 650Email: help@aamail.org |
| **City Health Care Partnership CIC**5 Beacon Way, Hull HU3 4AE | **Customer Care Services**Tel: 01482 347627Email: chcp.customercare@nhs.net |
| **Dove House Hospice**Chamberlain Road, Hull, HU8 8DH | Tel: 01482 784343<https://www.dovehouse.org.uk/contact-us>  |
| **East Riding of Yorkshire Council**County Hall, Beverley, HU17 9BA | **Contact Centre**Tel: 01482 393939 <https://www.eastriding.gov.uk/council/contact-the-council/contact-us/>  |
| **Healthwatch East Riding of Yorkshire** Unit 18 Brough Business Centre, Skillings Lane, Brough, HU15 1EN | Tel: 01482 665 684Email: enquiries@healthwatcheastridingofyorkshire.co.uk <http://www.healthwatcheastridingofyorkshire.co.uk/> |
| **Hull University Teaching Hospitals NHS Trust** Anlaby Road, Hull, HU3 2JZ | **Patient Advice and Liaison**Tel: 01482 623065pals@hey.nhs.uk |
| **Humber and North Yorkshire ICB’s Experience Team** Health Place, Wrawby Road, Brigg, DN20 8GS | **Patient Relations**Tel: 01482 672156Email: hnyicb.experience@nhs.net         |
| **Humber Teaching NHS Foundation Trust** Willerby Hill, Beverley Road, Willerby, HU10 6ED | **Patient Advice and Liaison Service Department**Tel: 01482 303966 Email: HNF-TR.pals@nhs.net  |
| **Humber Teaching NHS Foundation Trust** **Health Trainer and Stop Smoking service**19 Quay Road, Bridlington, YO15 2AB | Tel: 0800 9177752Email: HNF-TR.healthtrainers@nhs.net  |
| **Hull and East Yorkshire MIND**Wellington House, 108 Beverley Road, Hull, HU3 1YA | Tel: 01482 240200Information Line (9am–5pm/Monday-Friday): 01482 240133On-line: <https://www.heymind.org.uk/contact-us/>  |
| **NHS England**NHS England, PO Box 16738, Redditch, B97 9PT | **Customer Contact Centre**Tel: 0300 311 22 33 Email: england.contactus@nhs.net  |
| **Public Health England** PHE Yorkshire and the Humber, Blenheim House, West One, Duncombe Street, Leeds, LS1 4PL | Telephone:0113 386 0300 |
| **The East Riding Partnership**7 Baker Street, Hull, HU2 8HP | Telephone: 01482 336675 |