



## East Riding Integrated Neighbourhood Teams (INTs)

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### Bridlington

**Neighbourhood:** The Bridlington INT encompasses the whole Town of Bridlington and surrounding villages, supporting all of the residents that are registered at Humber Primary Care and Drs Reddy and Nunn.

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**Meetings:** The INT usually meets in-person monthly at The Hinge, The Crown Community Buildings. Project specific groups also meet as and when required.

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**Approaches:** Set up in December 2023, Bridlington INT have developed a family health strategy promoting healthy lifestyles, immunisations, screening services and the management of chronic diseases within a specified geographic area or need or deprivation.

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#### **Cohorts Supported to Date:**

- The Hinge cohort – explored the intelligence presented as part of an MDT approach. Linked in with number of system partners.
  - Multi-morbidity cohort – 51 people across both practices aged 40-49 with 3 co-morbidities
  - Current Project – Olinda Road Project, developing a community household approach to population health which offers a holistic approach to health and wellbeing.
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**Bridlington Data and Insight:** Bridlington is part of the Bridlington Primary Care Network footprint. You can access data and insight about the area here: [East Riding PCNs](#)

(Content reviewed: December 2024)