



## East Riding Integrated Neighbourhood Teams (INTs)

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### Cygnet

**Neighbourhood:** The Cygnet INT encompasses the town of Goole and neighbouring parts of the East Riding that are supported by the following five GP practices: Bartholomew Medical Group, Gilberdyke Health Centre, Howden Medical Practice, Montague Medical Group and The Snaith & Rawcliffe Medical Group.

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**Meetings:** The INT usually meets monthly at Montague Medical Practice (meeting room). Current project specific groups: care leavers, missed childhood immunisations (largely within the ethnic minorities), and visited the idea of cohort-specific Multi-Disciplinary Teams supporting individuals with complex needs, but felt not appropriate at this time.

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**Approaches:** Initially the team was established in March 2024, specifically focusing on the Goole area. Population data was used to identify areas of concern and system partners were asked to provide an insight on local issues and current concerns. The team later expanded to include the wider Cygnet population.

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#### Cohorts Supported to Date:

- Care Leavers – working closely with this cohort to identify what support they feel would benefit their individual health & emotional outcomes, then working in strategic groups to agree a universal offering from all of the relevant service providers.
  - Trauma-informed training to be delivered at an organisational level with an aim to widen population engagement and foster more trusting relationships with health and care services and their staff.
  - Ethnic minorities – increasing our data around this cohort of people with an aim to shape future provision and gain a better understanding of their needs & traditions, whilst developing a sense of social cohesiveness.
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**Cygnet Data and Insight:** Cygnet INT is part of the Cygnet Primary Care Network footprint. You can access data and insight about the area here: [East Riding PCNs](#)

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