

York Health and Arts Mela

Sunday 11th May 2025, 10am to 5pm

York Museum Gardens, Main Lawn YO1 7FR
& Exhibition Square, YO1 7EW.



/YorkHealthandArtsMela



@yorkmela_eccs

Join our award-winning vibrant Multi-Cultural celebration of Healthcare, Wellbeing, Arts, Diverse Food, Entertainment, Awareness and much more...



#YorkMela



Programme of events

Area 1: Museum Gardens (Main Lawn)

10:00AM

DJ Saiqa playing music from all Cultural backgrounds

10:20AM

Opening speeches with Jo Coles - Deputy Mayor, financial sponsors

10:40AM

Karuna Tribal Belly Dancing

11:00AM

Mick and Susie Darling (YTT)

11:30AM

Chechelele Choir

12:00PM

Kit and Caboodle near Abbey Ruins (intimate audience) & a chance to look around the health, wellbeing and arts stands

12:40PM

Pearl Natasha

1:00PM

MP Rachael Maskell- Welcome!
Kaminari Taiko Drummers and Rajveer Tabla collaboration

1:30PM

Ukrainian Choir

2:00PM

East Asian Ensemble

2:30PM

Ancient Giants Performance

3:00PM

Rajveer Tabla - drums

3:30PM

Miz Deebea

4:00PM

Strictly Fun
Dancing

4:30PM

Capoiera

5:00PM

Close

Programme of events

Area 2: Exhibition Square

10:00AM

Kaminari Taiko Drummers

10:30AM

Kit and Caboodle

11:00AM

Ancient Giants Walk through city centre and Pearl
Natasha singing

11:30AM

Rajveer Tabla - drums

12:00PM

Karuna Tribal Belly Dancing

12:30PM

Ancient Giants Performance

1:00PM

Music from playlist

1:30PM

Chechelele Choir

2:00PM

Capoeira

2:30PM

Close

Event Stands

Community Pharmacy

Blood Pressure Checks and Health Signposting for over 40s

NHS Humber and North Yorkshire Cancer Alliance

Cancer awareness and prevention

York CVS and Healthwatch

Supporting local residents and the VCSE sector.

Dementia Forward

Advice and information on Dementia Forward

York Bereavement Alliance

Information and support after a person has died.

York and Scarborough Teaching Hospitals NHS Foundation Trust/York St John University

Raising awareness of peripheral artery disease: What you need to know.

St Leonards Hospice

Increase awareness of the hospice and support people with life-limiting illnesses, while engaging with the local community

Andy's Man club

Men's mental health and suicide prevention

York Carers Centre

Free support for unpaid carers

York Mind

Mental health support for people in York

RSPB

Royal Society for the Protection of Birds

York Interfaith Group and York Indian Cultural Association

Offering service information and guidance

Event Stands

City of York Council, Health Trainers and
Community Health Champions

Advice and support on healthy eating, exercise, alcohol, and
smoking

NHS Humber and North Yorkshire Integrated Care Board (ICB)

Health Care Interactive stand and maternity care

Nimbuscare

Know Your Numbers and NHS Signposting

NHS Children's Transformation Services and City of York Council
Public Health Team

Starting well and growing well - Infant Feeding, Healthy Child and
Young People Services

Tees, Esk and Wear Valleys NHS Foundation Trust

Provider of NHS Mental Health services

Alzheimer society

Alzheimer's support, guidance and resources

Age UK

Information to access & help with claiming benefits to care homes.

Move the Masses

A small charity looking to improve people's wellbeing through exercise

Kyra

Supporting group for women

BBC Radio York

Local Radio station

York Theatre Royal

Offering service information and guidance

Find your way round....

- York Museum Sites are all breast-friendly, please ask at reception for more details
- Toilets including accessible are available free of charge to people attending the Mela inside Yorkshire Museum and York Art Gallery, please ask at reception for directions
- Cycle park is available available near Museum Street entrance gate and St Leonards Hospital
- Please bring along your folding chairs or picnic rugs to sit on the grass and enjoy the entertainment
- Quiet area is located in Artists Gardens and York Library Lawn
- Men's Prayer Room - The Hospitium
- Women's Prayer Room - Fairfax Room, Yorkshire Museum
- Please ensure you remove all rubbish off site when you leave
- Children must be supervised at all times



/YorkHealthandArtsMela

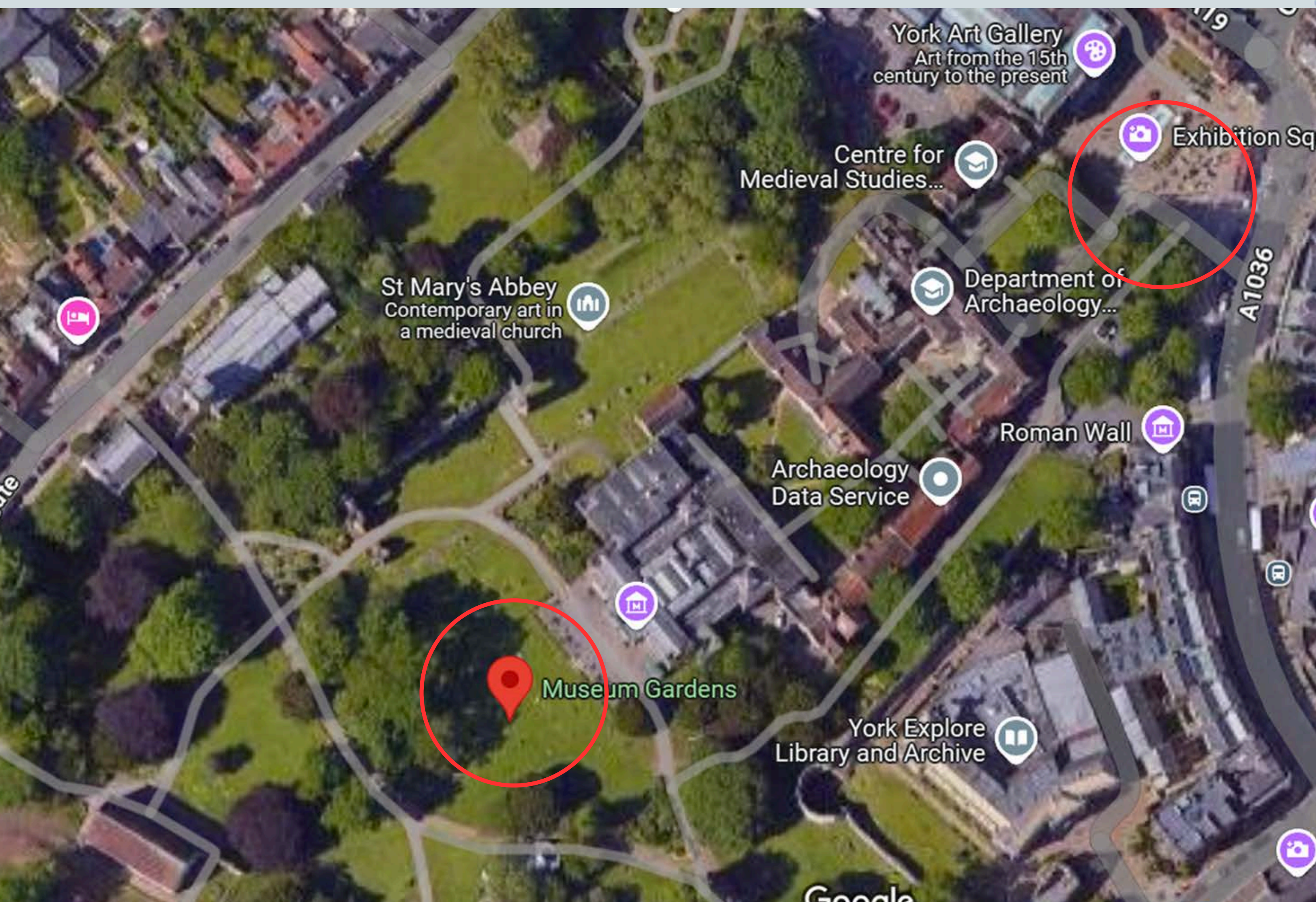


@yorkmela_eccs

Parking and Public Transport

The nearest car park is on Marygate, which is five minutes' walk and has 350 spaces. Marygate is off Bootham, the A19, YO30 7DT which is the main road into York from the north.

The gallery is approximately a 15 to 20 minute walk from York Railway Station. There are several bus stops on Exhibition Square. These buses include no's 1, 2, 5, 5A, 6, 19, 29, 30, 30X 31, 31X, 40 and the City Sightseeing, Golden Tours. You might also want to make use of the city's park and ride service.



York Health and Arts Mela

Empowering Communities to improve their
Health and Wellbeing

THANK YOU TO OUR SPONSORS



Humber and North Yorkshire
Health and Care Partnership



Make It York
Visit | Culture | Markets | Events

York & North Yorkshire
Office for Policing, Fire,
Crime and Commissioning

Part of the  York and North Yorkshire
Combined Authority



CITY OF
YORK
COUNCIL



Eimaan
Culture &
Community
Services



LOTTERY FUNDED



Supported using public funding by

**ARTS COUNCIL
ENGLAND**

York Museums Trust

**Your feedback will help plan future events,
please tell us your thoughts.**

