

# TOO MUCH **BLUE**

**SABA OVERUSE IS A  
WARNING SIGN**

**SABA OVERUSE** CAN BE A  
SIGN OF **UNCONTROLLED  
ASTHMA**

UNCONTROLLED ASTHMA CAN  
BE **LIFE THREATENING**

**FOLLOW THE GUIDELINES  
SAVE LIVES**

SCAN HERE



**Humber and North Yorkshire**  
Health and Care Partnership